



澳華醫學會

MyACMA

OFFICIAL PUBLICATION

27:1 2017



AUSTRALIAN CHINESE MEDICAL ASSOCIATION

The Australian Chinese Medical Association (ACMA) Inc in NSW was formed on the 20th September, 1990. ACMA is also a foundation member of the Australasian Council of Chinese Medical Associations across Australia and New Zealand. Membership is open to all registered medical practitioners in Australia.

THE AIMS OF THE ACMA ARE:

- To promote professional standards for its members
- To provide a forum for professional and social exchange amongst members
- To promote and conduct continuing medical education and research
- To respond to community issues affecting its members
- To acquire knowledge and respond to health issues affecting the Australian Chinese community
- To contribute to deserving charitable causes and organisations
- To promote mutual understanding and liason with other medical organisations

CONTACT DETAILS

Email: office@acma.org.au

tel: 9873 6222

url: www.acma.org.au

SUBMISSIONS, CORRECTIONS, ENQUIRIES

Please do not hesitate to send to
Dr Eric Li, MyACMA editor,
At weli3785@uni.sydney.edu.au.

COVER PHOTO

Group photo of ACMA Charity trust and ACMA management committee at the Annual Charity Dinner

CONTENTS

President's address	4
New Management Committee Member's Profile	7
Message from the Chair of the ACMA Charitable Trust : Supporting W2IRED	9
The ACMA Trust to become a corporate trustee structure	10
Practice Management Meeting - Barcelona (Dec 2016)	11
8th ACMA Meet the Expert Conference – Gstaad (Jan 2017)	14
Professor Albert Lam Receives Member of the Order of Australia Honours	18
Follow us on Facebook	20
New Member's Profile	21

PRESIDENT ADDRESS

Professor Vincent Lam



It is with great pleasure that I write to you in the first 2017 MyACMA. Once again, I would like to thank Zita Dettori, the Client Services Manager of Douglass Manly Moir Pathology for the ongoing support and being the principal ACMA sponsor. We appreciate its support over the past 26 years.

ACMA Annual Charity Dinner was held at Opera House on 3rd December 2016. We are grateful of the sponsorships from Douglass Hanly Moir Pathology and Maximillan Group. The food was nice, the view was stunning and it was a wonderful night of entertainment and fellowship. Many thanks to Professor Danforn Lim and the organizing team.

It is going to be a busy year for ACMA and we started off the year with the Chinese New Year celebration at Dragon Boat Seafood Restaurant on 4th February. It was a great success with many members and families joining together for the wonderful meal, lion dance, magic show and live music at Darling Harbour but no firework

this time due to the recent changes from City of Sydney.

We are achieving our ACMA goal of “Go Digital” – with emails and the use of following electronic communication platforms, it allows for effective and dynamic communication to our ACMA members:

ACMA website www.acma.org.au

Facebook <https://www.facebook.com/ACMAOZ/?ref=bookmarks>

e-newsletter MyACMA

Please visit our website and Facebook Page and give us a “like”

We continue to look for opportunity to add value to ACMA membership – Being an ACMA member, we should be proud of being part of the 25 years of ACMA history. The management committee is working hard to add value to this membership. Recently, we have successfully engaged with the MIGA, is a national provider of indemnity insurance and associated services to the health care sector across Australia, to run risk

reduction dinner seminar to ACMA members in 2017. Such activities would provide a 10% reduction in the yearly premium for the existing MIGA members and prospective applicants. More details of the risk reduction seminar will be announced shortly.

The transition of administrative tasks to Winglong Company has been relatively smooth. Many thanks for the patience and support from all our members. ACMA office's phone number(02 9873 1029), fax number(02 9872 4777) and email (office@acma.org.au) remain the same during this transition period. The next phase of the ACMA house project is to rent out the house in Carlingford to generate income for ACMA. With the hard work from ACMA Management Committee members Dr Angela Cong, Dr Winnie Ling and Dr Suyi Chan, a new kitchen from IKEA has been installed to the house. Two very big trees at the front and back of the house were also cut down following approval from Parramatta council. We have invested money into ACMA house aiming to have solid regular financial return in the future. In the up coming April and May, we will also be arranging online "silent auctions" for the furniture in ACMA house. These furniture is the testimony of the beginning and success of ACMA over the past 26 years and it certainly has much sentimental values to many ACMA members. ACMA management committee has decided that all income generated from the ACMA furniture sales will be donated to ACMA Charity Trust.

To cater for ACMA members' special interest, we will be calling for expression of interest for "ACMA Educational Special Interest

Group(ESIG)". The ESIG will be under the governance of Education and Sponsorship subcommittee and provide the opportunity for members to share information and knowledge on their area of medical interest through regular contact and meetings. Please contact ACMA office(office@acma.org.au) or myself(vincent.lam@sydney.edu.au) for more information.

Various activities have also been planned for 2017:

- Annual Scientific Conference will be held the first time overseas in Japan from 26th March to 4th April during the Cherry Blossom Time. The wealth of experience of Dr Stephen Hing will surely make the journey very enjoyable.
- ACMA Career Day will be hold at Burwood RSL Club, which is also sponsored exclusively by MIGA. This is an event that ACMA can showcase the experience of Sydney successful medical specialists to the junior doctors and senior medical students. Date to be announced once speakers have been confirmed.
- ACMA Winter Buffet will be held again this year on 27th May 2017 at Café Opera, Intercontinental Hotel, Sydney. Seats are limited and please register early to avoid disappointment.
- For the ACMA annual charity dinner, we are looking at various iconic venues in Sydney and will finalise the details shortly. Watch out for the information flyer and book in early to avoid disappointment.

Please enjoy your time reading this issue of MyACMA. On behalf of the ACMA Management Committee, Happy Easter and we look forward to seeing many of you at the upcoming activities!!

Always here for you.

"When your career is in jeopardy, our 115 years of experience will make a world of difference."

Dr Martin Altmann
Chairman



Always the first choice for your medical indemnity insurance and protection.

To insure with MIGA, visit our website or call us on **1800 777 156**

miga@miga.com.au
www.miga.com.au

Insurance policies available through MIGA are underwritten by Medical Insurance Australia Pty Ltd (AFSL 255906). Membership services are provided by Medical Defence Association of South Australia Ltd. Before you make any decisions about any of our policies, please read our Product Disclosure Statement and Policy Wording and consider if it is appropriate for you. Call MIGA for a copy or visit our website. ©MIGA March 2017

NEW MANAGEMENT COMMITTEE MEMBERS' PROFILES

Dr Eric Wenlong Li | MBBS, B. Pharm (Hons)



Hi, everyone. I am very excited to be part of the ACMA Management Committee, and even just to be part of the ACMA itself. As a young doctor who had moved to multiple countries during childhood, being a part of

the ACMA has been a way to connect with my culture.

I have taken the role as the Chair of the Publications Sub-Committee. I wish to use this opportunity to use MyACMA as a platform to bring members close to each other. I would like to do this by placing special focus on individual stories of members. An initiative I've taken is to reach out to members through interviews. And in this first edition, I've had the pleasure of interviewing Professor Albert Lam.

I'll also be involved in Prof.

Vincent Lam's initiative to increase the Association's exposure to young doctors, by engaging them with events relevant to them.

Outside the ACMA, I am a Medical Registrar training at the Concord Repatriation Hospital Network. I have special interest in culture change, quality improvement initiatives and technology. I will let passion take me to my future specialty. But currently I am very intrigued about Infectious Diseases, General Medicine, and Intensive Care.

Dr Max Wong | MBBS, FRACGP

I have been working as a GP at Hornsby since 2008. Prior to that, I had been a trainee in psychiatry for six years. I am also doing a mental health clinic once a fortnight at West Ryde, providing a service for the Chinese-speaking community. Visiting nursing homes is another important facet of my GP life.

When I am not working, most likely I would be watching TV at home, particularly Japanese drama. Otherwise, will be taking our Bernese Mountain Dog for walks or to cafes.

Dr Max Wong will take on the profile of Education Chair this year.

Unfortunately photo of Dr Wong is not available due to failure of his hard drive. We shall see plenty of photos of him in upcoming social and educational events.

Dr William Chik | MBBS, PhD, FRACP, FACC, FCSANZ



Cardiac Electrophysiologist, Cardiac Device Implantation Specialist and adult General Cardiologist. I have public appointments at Westmead and Auburn Hospitals. I am an accredited Cardiologist at Macquarie University Hospital, Westmead Private and Norwest Private Hospitals. I specialize in management of heart rhythm disorders and radiofrequency ablation

of cardiac arrhythmias. I completed my PhD thesis examining strategies and technologies to improve ablation success at Westmead Hospital, University of Sydney. I returned to Australia following the completion of Clinical Interventional Fellowship specializing in Cardiac Arrhythmias and Cardiac Device Management at the prestigious Hospital of the University of Pennsylvania, USA (2013-2015) where I worked and published clinical research with numerous renowned world leading experts in the field. I am a Senior Clinical Lecturer with the University of Sydney. My enthusiasm and ongoing commitment to active clinical teaching led to my current position

as Clinical Lead for Post-Graduate Cardiology Training.

It is a great honour to be elected as an ACMA Management Committee member. As I was born in HK, I speak fluent Cantonese and am conversant in Mandarin. I believe we have a duty and play an important role to improve the health and well-being of the Chinese population in our NSW communities. Therefore, I want to help support ACMA to achieve these goals and objectives in the future.

MESSAGE FROM THE CHAIR OF THE CHARITABLE TRUST : SUPPORTING W2IRED

Dr Gabriel So
Chair of the ACMA Charitable Trust

Dear fellow members.

It is marvelous to see the ACMA newsletter going green and in electronic format. It is environmentally friendly, economical and can be accessed by members at any time or place when they have a mobile with internet connection.

ACMA trust is continuing its restructuring and our honorary legal adviser Mrs. Cathy Lam is working hard on its fine details. We expect the time frame will be twelve months.

The Trust distributed a total of \$12,000 to CanRevive after the last ACMA annual dinner.

As we progress into the next decade, data collection with quantum computer power will bring about further advance in information technology in genes therapy, evidence base problem solving solution, individual tailored medical therapy and more transparency in all medical or surgical management. Our academic background propels us to seek relevant data in all aspect of scientific research especially related to health care issues. This is the reason for the long-term vision of the Trust to facilitate in this process. The DGR beneficiaries will have the financial resource to acquire sufficiency knowledge via data collection to deal with the problems arising from the fast changing world around us. Thus, this leads us to raise funds in the upcoming ACMA for Women's Institute for Research and Data Collaboration (W2IRED).

The upcoming ACMA annual dinner fund raising activities will be directed to W2IRED, the trust will be their inaugural sponsor.

W2IRED has the following goals:

- Oversee and co-ordinate the research and audit activity at Westmead Women's Health and its peripheral referring hospitals.
- Increase the research opportunities and output of the service
- Seek out and encourage early career researchers including medical and midwifery students
- Provide training and expertise for future researchers with respect to research methodology, design, paper/poster writing and conference presentation via education, supervision and practical in-field research experience. This will involve collaboration with the university and education sector
- Provide support through linkage with other peers, supervisors, universities and external resources.
- Improve the data collection and analysis systems utilized by the service
- Indirectly assist in attracting and retaining senior and junior clinical staff through support for research activities.

The ACMA trust is honoured to be their inaugural sponsor. With this research program, our current or next generation members will have another opportunity to embark on their interest in medical research. Once the date is finalized, please mark down your calendar for this coming ACMA annual dinner and support this initiative, hope to see you all then.

THE ACMA TRUST TO BECOME A CORPORATE TRUSTEE STRUCTURE

Dr Gabriel So

ACMA trust has finally transformed its individual trustee structure to a corporate trustee structure. It started as one of the missions when I came to be the chair in 2014. The advantage of being a corporate structure to an individual trustee structure is both for better governance and better management. All new charitable trust established under current legislation needs to be established under a corporate trustee structure. There are vital benefit of good governance, charitable trust protection, and ASIC supervision.

From first of July 2017, ACMA trust will be under the board management of ACMA Pty Ltd with ACMA as the sole share holder of the company appointing directors to manage the running of the ACMA charitable trust. ASIC will be the relevant body for filing all corporate affairs in ACMA Pty Ltd and the Australian Tax office and ACNC will supervised on its compliance to its charitable trust status.

ACMA president, Associate Professor Vincent Lam has appointed eight members of the board of directors in ACMA Pty Ltd. They are the same as previous trustees: Mr. Albert Chan, Mr. Andrew Sue, A/Professor Christopher Zalawski, Mrs. Fifi Lai, Dr Gabriel So, Dr George Han, Mrs. Linda Tang, and Dr Stephen Li. The office bearers are: Chairman, Dr Gabriel So; Honorary Secretary Mr. Andrew Sue; Honorary Treasurer Dr George Han.

The success of this transformation is only possible with the tireless pursuit of details under the guidance of our Honorary consultant, Mrs. Cathy Lam and Mr. Andrew Sue. They provide the necessary experience and knowledge to establish our corporate trustee structure that is tailored for ACMA. The core constitution of ACMA trust has not changed, only the management vehicle from individual trustees to a company.

Since last communicated to members, ACMA charitable trust has donated \$25,000 to W2IRED (Westmead Women's Institute for Research and Data Collaboration). There will be ongoing commitments to academic and medical research that provide more data to solve problems in this digital data century.

The charitable trust is becoming a bit more focus on ACMA academic background activities and the corporate management structure will keep up with the changing time, if together with a stable budget for the ACMA charitable trust then it will provide more valuable resource to the community and use our intellectual properties of our members and other participants in its research projects to its fullness.

Hope to see you all in coming ACMA charitable trust fund raising functions.

BARCELONA PRACTICE MANAGEMENT MEETING 29 DEC 2016- 3 JAN 2017.

By Dr Andy Liew MBBS BSC Med FANZCA



Ola Ola Ola, and with these familiar Spanish greetings, the much anticipated 2016 ACMA Practice Management Conference was held in Barcelona, the capital of Catalonia to the delight of participating ACMA members and their families. Indeed, Barcelona is a Mediterranean city with rich cultural

heritage and major tourist attractions, renowned for the architectural works of Antoni Gaudi, many which are designated UNESCO World Heritage Sites and also home of Picasso art works and museums.

It was a great blessing that all members and families arrived safely at the Hotel

Itaca 10. The hotel is conveniently located at Sants District close to the Parc and Castell Montjuïc where we had the best views of the Magic Fountain and new years' eve fireworks. Great thinking by our organiser maestro Dr S Hing.



Our meetings in the conference ran for 3 days and began in earnest, early morning with a strong coffee and quickie breakfast. No rest for the wicked. We had great speakers with enormous scope of experience and expertise, as we discussed great topics ranging from Medico-legal issues, managing difficult patients, superannuation planning, computers and network security in practice and issues of bullying and harassment at work. Yes, we took lots of notes, had plenty of debates and discussions. We even had family members doing role plays to simulate the scenarios of the topics discussed. It was an engaging conference and at the conclusion of the meet, this will inevitably add

a new focus in our medical practice. As the meeting concluded, we explored the city with a Catalan walking food tour under the expert guidance of Victoria and Renee. We explored the Catalan food markets, sampled the local delights of jamon meats, wine and cheese delicacies. Then we continued on a surreal medieval experience



in the winding labyrinth and narrow walkways of Barrio Gothic (Gothic City) exploring the small quirky spice and nut shops, the artisan souvenirs shops, exotic tapas bar café and the famous croissant/ chocolatier patisserie. And suddenly, emerging from gothic square, we arrived at the seaside beach suburb in time to have a glass of vermouth/olive and sample the famous chirriguitos seafood paella. Then it was time to do the correct local custom, where we proceeded to our pm siesta. ZzZzZz!

The transport system and tourist guides information were easy enough for any first timers to navigate. The major tourist attractions included the yet to be finished La Sagrada Familia church, the Park Guell, Gaudi Buildings, Picasso Museum, and not the least, for the keen shoppers The La Rambla shopping concourse, housing the latest fashions to the delight of Zara enthusiast. For the more athletic minded, a visit to the Camp Nou of FC Barcelona stadium to



chance a meeting with the great Messi is a must.

Without doubt, the highlight was the food and restaurants. Yes, tapas plenty of them and they come in such beautiful, delightful imaginations it

is hard to deny that this Catalan capital does live up to its name as the food capital of Europe. We had dinners at a tapas restaurant Zarautz, the new years eve dinner at The Ristorante Meraviglioso, and our beautiful annual gala dinner

at the H10 Itaca restaurant. This culminated in one of the best New Year's fireworks show to usher in 2017, in the company of our loved ones and friends on the street of the Sants, Yes, we managed to do the countdown in Spanish, hug strangers and sang "Feliz Año Nuevo" with locals who warmly embraced us in our short stay in Barcelona.

REPORT ON THE 8TH ACMA MEET THE EXPERT (MTE) CONFERENCE. GSTAAD, JANUARY 2017

Ken Ho



The annual ACMA MTE Conference (Jan 3-10, 2017), organised by Dr Stephen Hing for the 8th year in a row. The conference was held in the Huus Resort, Gstaad. Gstaad is a resort town in the Bernese Oberland region of the Swiss Alps. This area has long been

a popular destination for royals and celebrities; and now ACMA members. As usual, the conference venue was scouted by Stephen 12 months prior to the delegates' arrival; ensuring that it is up to the ACMA standard.

The conference caters for

both skiers and non-skiers. Indeed, one can argue that the non-skiers usually have a fuller experience of the local scenery, culture and cuisine, as less time is "wasted" trying to slide down some crystallised water vapour. Dr Eric Yip and his wife, Bonita, for instance, both non-skiers,

travelled all the way up to the local glacier where the skiers could not reach.

The skiers, of course, also had a tremendous time on the slopes of Gstaad; while happily whinging about there being too much snow, too little snow, too sunny, too foggy, too windy, too cold, too hot, too tired, too many snow boarders, people skiing too fast (S Hing) or too slow (K Ho) and of course, being too full after lunches in the fantastic Swiss restaurants on the slopes. Our ACMA skiers' abilities ranged from beginner to advanced levels. Groups of all levels were looked after by local ski instructors on most days, ensuring that everyone had a safe and fantastic experience.

A culinarily rich day of excursion brought us to the famous cheese factory of La Maison du Gruyère in the morning and Maison Cailler, the Swiss chocolate factory in Broc in the afternoon. A "winter is coming" / Game of Throne-like experience during lunch time was enjoyed by all delegates



and their families in the Castle of Gruyères, located in the picturesque, snow covered medieval town of Gruyères, Fribourg, one of the most famous castles in Switzerland.

In the evening, ACMA members and their families created traffic jams as we were transported by horse-drawn sleighs to the outskirts of Gstaad for a raclette dinner in a barn; amidst a moon-lit, snow-blanketed field. Raclette

is a dish indigenous to parts of Switzerland during which a raclette cheese round is partially melted, then scrapped onto dinner plates; served with small firm potatoes and wine. Another day of excursion bought us to Bern, the federal city of Switzerland and capital of the canton of Bern. After having lunch in a magnificently decorated underground restaurant, the delegates were guided around the UNESCO World Heritage listed old



were addressed. Updates on genetic testing from the IVF perspective (Dr Andrew Kan), lymphoedema (Dr Thomas Lam) and melanoma management (Dr Nicole Yap) added to the diversity of scientific content in this conference.



Finally, on behalf of all the delegates and their families, a sincere note of appreciation to the organisers has to be included in this report. This MTE conference, along with the preceding Practice Management Conference, have been running for almost a decade and are primarily due to the effort of one person, Stephen Hing, and his assisting spouse Lynda Lee. It is in boutique conferences like these that the ACMA goals of education and networking are most effectively achieved; not just for the delegates but also for their partners and children. I urge every member to consider participating in both conferences in the future.

town and visited the most famous address in Bern (Kramgasse No. 49), the apartment block in which Albert Einstein reside when he worked as a clerk in the Swiss patent office.

And yes, there was also a clinical conference. The MTE conference has a tradition of dealing with common, practical issues in clinical practice and this year was no exception.

Dr. Stephen Hing alerted us to the alarm bells of paediatric ophthalmology whilst Dr. Henry Liu showed us features of diabetic retinopathy. Dr. Cynthia Chong educated us on with electronic cigarettes. Medico-legal issues such as the requirement of chaperones (Dr Terry Chang), problems with language barrier (Dr Anita Lui) and responsibility buck-passing (Dr Eric Yip)



nbh
AT LACHLAN'S LINE



Maxmillian Group & Greenland Group Australia cordially invite members of ACMA to a

VIP Project Appreciation Event

Experience the birth of a new neighborhood
Lachlane's Line at Macquarie Park



April

Sun **23**

11:00AM-3:00PM

**Primus Hotel Sydney
(339 Pitt St, Sydney)**

Nothing Beats Here nbh at Lachlane's Line

Live above expectations. These prestigious new high-rise apartments are perfectly positioned above a bustling town square and the best Sydney has to offer.

**This appreciation event is exclusive to
Maxmillian valued clients and ACMA members.**

We hope that you will join us for five-star light lunch and presentations by experts to share their insights:

Mr. XueRu Li
Greenland Group Australia Representative

renowned Chinese radio host from 2CR
to introduce Greenland Group strategy and
Lachlane's Line master plan

Master Honson Lee

respected Feng Shui master, who'll be enlightening
how to maximise prosperity through this ancient and
powerful Chinese art.

Su-Hin Chan

reputable journalist from AFR to share perceptive
insights on property market

**Please RSVP by email or phone by Thursday
13th April 5:00PM**

1 300 0 12 390

events@maxmilliangroup.com.au

PRESENTED BY
Greenland

MAXMILLIAN
Property

PROFESSOR ALBERT LAM RECEIVES MEMBER OF THE ORDER OF AUSTRALIA HONOURS (AM)



It is exciting news for us that Professor Albert Lam, a long time member of the ACMA, received the honour of Member of the Order of Australia. This honour was given for Prof Lam for his significant contribution in the field of ultrasound in paediatric radiology. For those who don't know Prof Lam, he is the Head of Diagnostic Ultrasound, Department of Medical Imaging, Sydney Children Hospitals Network in Sydney, Australia. In addition, he also has significant academic standing in the University of Sydney Medical School as the Clinical Professor in the Disciplines of Medical Imaging and Paediatrics.

After returning from the USA in 1979, Prof Lam

established the Diagnostic Sonography Unit in the then Royal Alexandra Hospital for Children (RAHC), a predecessor of The Children's Hospital at Westmead. Prof Lam pioneered and introduced real time cranial, genito-urinary and gastrointestinal tracts sonography, hip sonography and paediatric colour Doppler imaging at the RAHC. His innovative initiatives and publications have attained Australia-wide and worldwide recognition and acceptance as established diagnostic procedures in neonatal and general paediatric practice.

Prof Lam is well published in well recognised international journals such as the New England Journal of Medicine, Radiology, Neuroradiology of North America, the British Journal of Radiology and Paediatric Radiology. He has also made contribution to further education by authoring books such as the Asia-Oceanic Textbook of Radiology.

I have the pleasure of interviewing him for this edition of MyACMA.

Welcome Professor Lam, so how do you feel about winning the award?

Well I'm quite glad, because in previous years the Order of Australia Honours have mainly been given to surgeons, cardiologists and oncologists, and not too many if at all to medical imaging practitioners. I am happy because the award is recognition of the contribution of

radiologists and medical imaging specialists to medical service.

I really do feel lucky to be in the healthcare area. Practising medicine is a most satisfying profession and I think I have made the right choice, despite a bit of hesitation when I entered University of Hong Kong. I think luckily I made the right decision.

I am sure there is a lot of hard work involved.

I think there are other factors. I am very committed to my career. There is a Chinese saying, before you can do something real good, you have to like your job. I think with all jobs, you have to see the positive side and overcome any shortfall or frustration of the job. I think this is an important message I can give to trainees these days. I think it is hard work being a medical practitioner, but it is very rewarding and you really do need to have commitment and compassion for your patients.

I think you are a very inspiring person Professor Lam, is there anything or anyone that inspired you to achieve what you have achieved?

I guess I am a very traditional Chinese. I am very proud of my Chinese heritage and traditional Chinese values and I always try to live according to traditional Chinese values and teachings

As someone who wants to connect with my Chinese culture, it is good to hear this advice. So how long have your wife Cathy and yourself been part of the ACMA?

My old hospital (RAHC) in Camperdown was close to Royal Prince Alfred Hospital. Back then the ACMA members were mainly based in the western suburbs. Dr Chris Poon, who was the President of ACMA at the time invited me to join ACMA. I said wait until The Children's Hospital move to the west. I joined ACMA when The Children's Hospital moved to the present

Westmead site. So that must have been about 20 years now.

Do you feel the Association has changed much in the last 20 years?

I think a lot has changed. I am glad a lot of young blood has joined the Association. Initially it was mainly doctors from overseas, like from Malaysia, Singapore and Hong Kong. Now we have a lot of local graduates, like Professor Vincent Lam and yourself and doctors of your generation. I am seeing a lot of good changes.

Is there anything about the Association that you particularly enjoy?

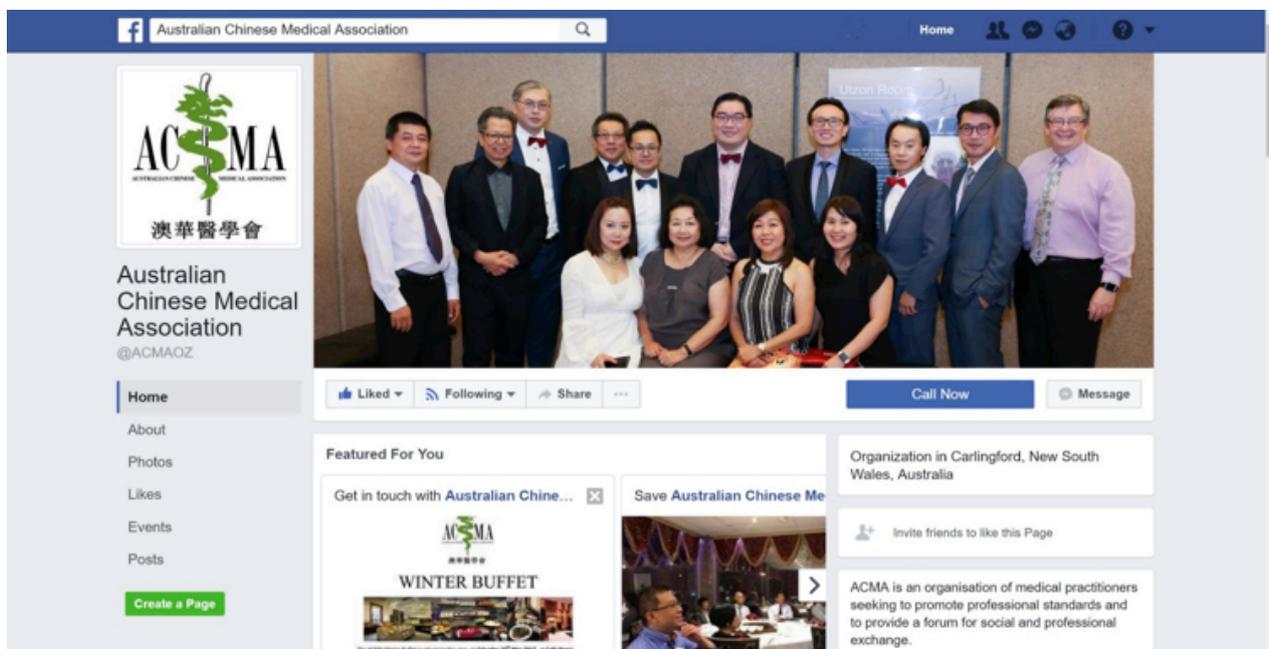
I particularly like the social gatherings, especially the education seminars. I can meet some of my old friends, and it is a time for doctors to meet their peers. I think ACMA is a great support and network for doctors.

Well a final question really. Would you have any advice for young doctors in following your footsteps?

What I can only say is to appreciate and maintain your Chinese cultural heritage and background. To achieve and excel in your chosen field, you have to be passionate about what you are doing. I have been very involved with the University of Sydney and the Australian Society of Ultrasound in Medicine since I returned from the United States. It must have been thirty seven years. I have taught generations of medical graduates for so many years now, and all of the Asian doctors seem to achieve a lot. It is very satisfying for me to see this.

We thank Prof Lam for joining us in this interview. You may also hear his interview in Cantonese by searching "Professor Lam SBS Interview".

FOLLOW US ON FACEBOOK!



The ACMA now has a more powerful way for you to connect with us on Facebook.

On our Facebook page, we are looking at ways better and more effective ways for members to connect with ACMA.

What can you do when you follow us on Facebook?

- Know what's been happening with the ACMA
- Get immediate notification about when events are happening
- Receive news relevant to ACMA members
- Interact with other members, know who's who, and support other members by liking their posts and photos!
- Be part of the growing digital ACMA community!

So please join us at our page and invite your friends to join <http://facebook.com/ACMAOZ/>

And thanks!

Dr Tony Pang

Chair of IT and Communications

NEW MEMBERS PROFILE

Dr Mona Liu | MBBS, B. App Sc (Physio) (Hons)



Mona never thought she would study medicine when she was young. She studied physiotherapy, which she enjoyed, but found that she was more interested in her

patient's ailments rather than their mobility status. She worked as a physiotherapist while studying medicine, and graduated from the University of Sydney in 2015. She is a current resident in Westmead Hospital, and enjoys tennis (previously umpired at the Australian Open) as well as occasional archery at Sydney Olympic Park.

She has previously co-chaired the Westmead Student Surgical Association, and is currently on the Westmead

RMO Association executive committee. She aspires to be a doctor who never forgets to sympathise with her patients' plight. Also interested in improving the career progression pathways of her fellow peers, she is engaged in ACMA activities aimed for young doctors such as the upcoming Careers Day.

Dr Michelle Yu | MBBS



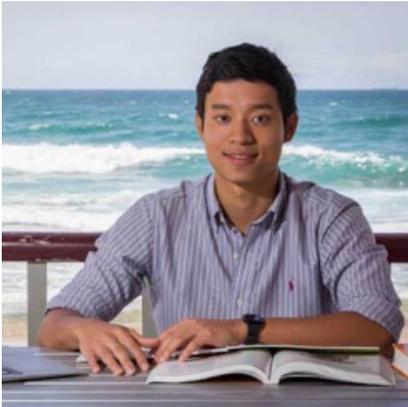
My name is Michelle Yu, a Resident at Nepean Hospital and also the current President of the Nepean

RMO Association. I am passionate about advocating for junior doctor's wellbeing and enhancing the clinical workforce settings. I am also interested in Obstetrics & Gynaecology with a vision to optimise women's health care for all.

I enjoy travelling, swimming and coastal walks with my dog. These activities epitomise the Australian lifestyle, however I also am grateful for my family's ongoing Chinese traditions including that of the Lunar calendar from the

festivals to the food. One of my favorite weekend activities is making dumplings with my grandparents. There's nothing like freshly made dumplings! With the demands of the medical world and modern day it is easy to lose sight of our roots but I believe the ACMA provides a refreshing link back to our cultural background.

Dr Dominic Ku | B. Med



Greetings members of ACMA! I'm Dominic, currently a resident in Westmead hospital. I am a 2015 graduate of Newcastle medical school. Although I was born in Sydney, my formative years were

spent in Hong Kong. I was fortunate enough to have first completed my primary school in a Cantonese school (SKH Kei Yan in Sheung Wan) and then graduated from the Australian international school in Hong Kong before commencing my studies in Australia.

I have been actively involved in the surgical and medical societies while in medical school - organising academic events and skills training workshops. I would

love to be involved and I look forward to meeting the ACMA family!



DOUGLASS
HANLY MOIR
PATHOLOGY

BARRATT & SMITH
PATHOLOGY

Quality is in our DNA

Proudly supporting ACMA

Quality is what doctors rely on

Douglass Hanly Moir Pathology (DHM) and Barratt & Smith Pathology (BSP) are highly respected and well-established pathology practices, serving doctors and their patients throughout NSW. Underlying everything we do is our aim to deliver a highly professional and personalised service to our referring doctors in order to provide the best possible pathology care for their patients.

The specialist pathologists at DHM and BSP offer an outstanding breadth and depth of expertise. They include specialists in all major sub-disciplines of pathology (biochemistry, haematology, immunology, molecular biology, microbiology, histopathology, cytopathology and genetics) and so are able to provide expert and up-to-date advice in all areas.

Our pathologists warmly encourage doctors to contact them if they can be of assistance in any way. They are available to discuss individual patients and to provide information or advice on ordering of tests, result interpretation, or any other aspect of pathology.

Please do not hesitate to contact our pathologists for consultation — they welcome your call.

P: (02) 9855 5222 | E: Pathologist@dhm.com.au

www.dhm.com.au | www.bsp.com.au

